



# NEW BOOK “COME AND SEE” BY JAMES C. VOGELZANG IS RELEASED, A CANDID, POWERFUL GUIDE FOR WOMEN ABOUT FINDING BALANCE AND LETTING GO OF PAST REGRET

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“Come and See” by James C. Vogelzang has been released worldwide. This 178-page book takes a deep dive into the social, emotional, and spiritual issues affecting women and so much of society today. The book is not a self-help – just the opposite – but offers candid, direct, and non-judgmental insights and suggestions for understanding the power of Grace and forgiveness. With spiritually focused messages and empowering, perspective-changing questions, Vogelzang proposes a surprising solution for women to regain and reclaim their balance in life.

Drawing from personal, firsthand knowledge, along with his long experience working with women in prison and ex-offenders, author inspires hope and a solution for anyone struggling with emotional vertigo, addictions, self-loathing, unforgiveness, and more. This book suggests a remedy for how to recover from spiritual and personal disillusionment through the healing power of love, grace, and forgiveness. Direct and authentic, at times winsome and humorous, Come and See is filled with examples from Scripture and real life, as it shines a critical light on how women can feel whole, valued, and seen.

*Come and See* (ISBN: 9798985794250) by James C. Vogelzang can be purchased through retailers worldwide, including [barnesandnoble.com](#) and [Amazon](#). The paperback retails for \$13.99 and the hardcover retails for \$18.99. Also available on [Kindle](#) and [Audible.com](#)

#### From the back cover:

Has your pursuit of “balance” been disappointing, at best? You’ve tried self-help books, podcasts, meditation – maybe also overwork, unhealthy relationships, or drugs. Yet nothing cures the exhausting anxiety you feel. You know something is still missing.

Come and See offers you a surprising antidote to your emotional vertigo. Through real-life stories and brief reflections, Come and See explores:

- Taking charge of the regrets from your past.
- Healing from emotional and spiritual disillusionment.
- The power of forgiveness for yourself and others.

This is not a self-help book – just the opposite. It is an invitation to consider a solution that demands no achievements, striving, or performance hurdles. Isn’t it time to lose the pain you are tired of carrying? Come and see.

#### About the author:

Over the last thirty years, James C. Vogelzang has spent countless hours speaking, teaching, and listening to women in prison and after they come home. He is founder and president of Doing HIS Time, a nonprofit organization that offers “hands-on grace” to men and women in prison and upon their release. This hands-on grace includes providing work clothes, hygiene items, bus tokens, work shoes and boots, and transportation to and from prison when needed. But most importantly, Doing HIS Time offers acceptance and hope to thousands of ex-offenders and their families. Jim’s book, *Doing HIS Time: Meditations and Prayers for Men and Women in Prison* has over five hundred thousand copies in print in fifty countries and has been translated into seventeen languages.

Jim and his wife, Mary Beth, live in Santa Barbara, California, and New York City, New York.

#### About MindStir Media:

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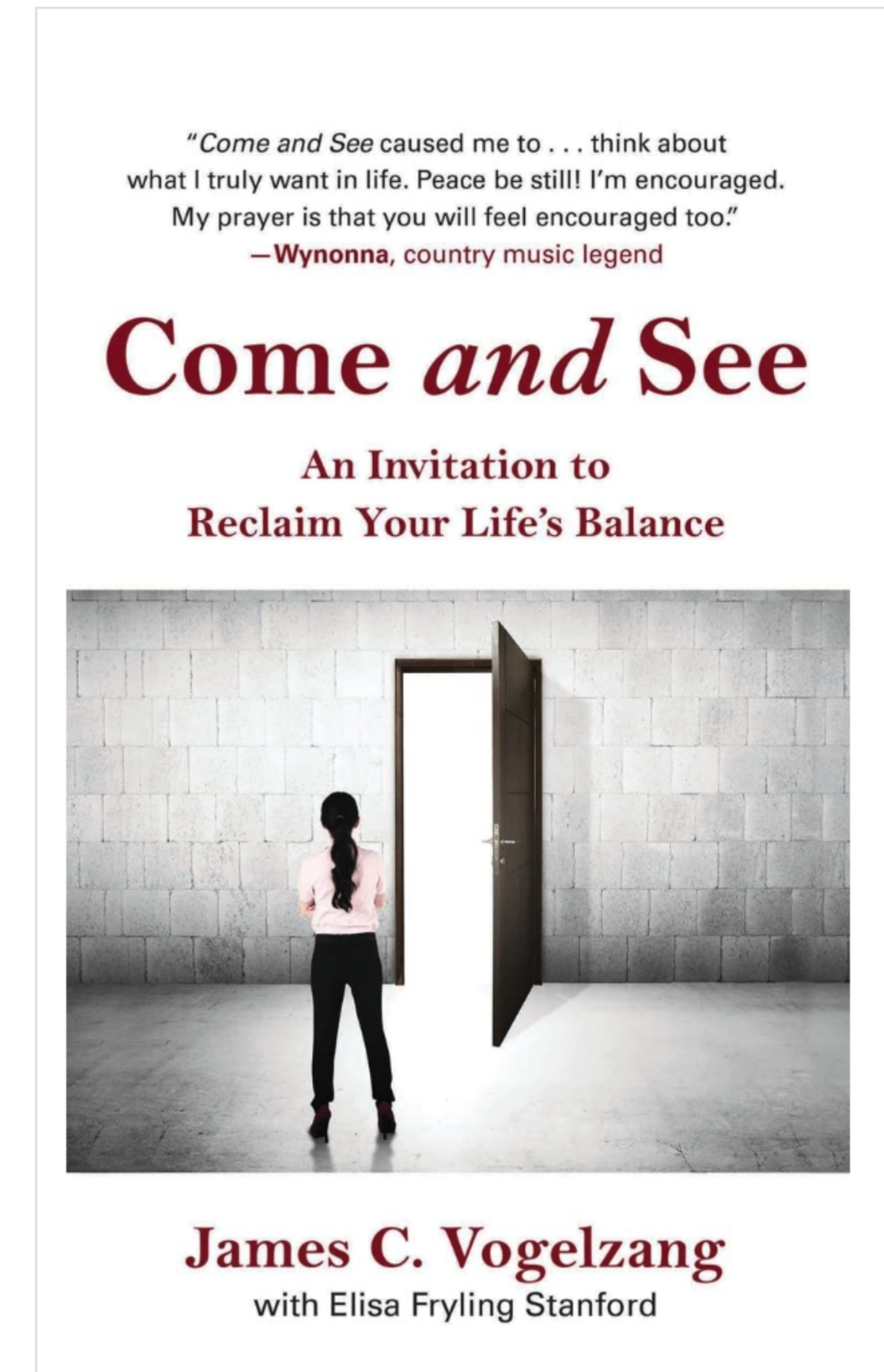
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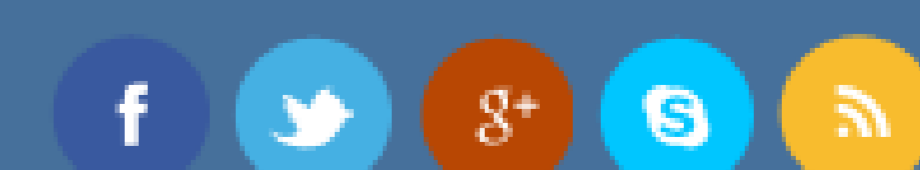
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